

Gender, Masculinity and Men's Health

MEN'S HEALTH RESEARCH PROGRAM

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in | | f | YouTube

Men's Health Research Website

MEN'S DEPRESSION
Help Yourself

PROSTATE CANCER
Help Yourself

FAMILIES CONTROLLING & Eliminating Tobacco

DADS IN GEAR
(coming soon)

COLLABORATIONS

GRADUATES & POSTDOCS

0:00 / 2:21

www.menshealthresearch.ubc.ca

John L. Oliffe, PhD MED RN

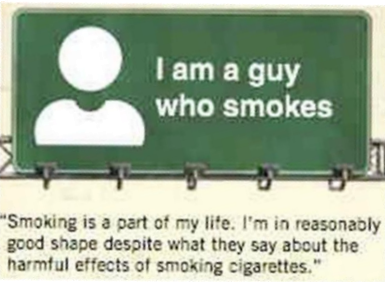
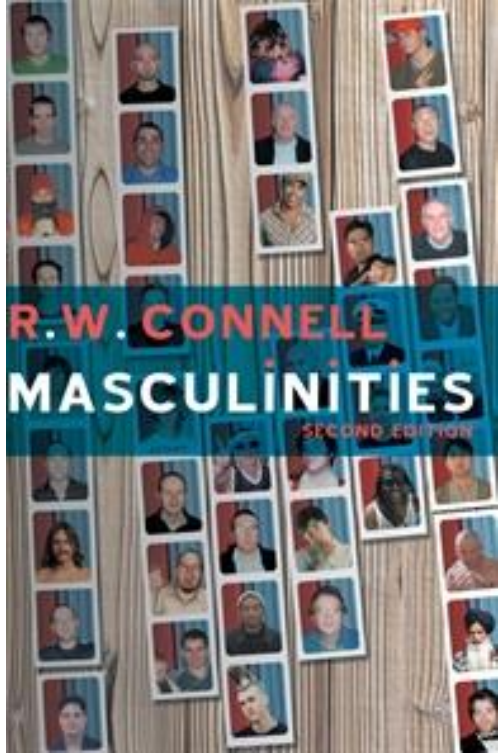


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Smoking in pregnancy and the post partum



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CIHR IRSC
Canadian Institutes of Health Research
Instituts de recherche en santé du Canada

Three key points

- While sex influences how we 'position' smoking in pregnancy and the post partum – gender is key to effectual tobacco reduction and smoking cessation supports
- Masculine ideals change by context and we can work with some of those to benefit the health of men and their families
- Qualitative work can transition from descriptive findings to inform interventions

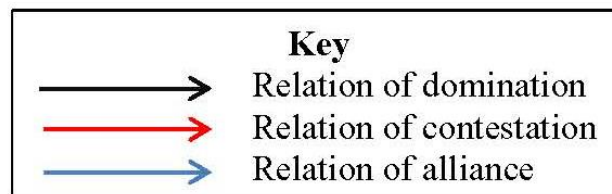
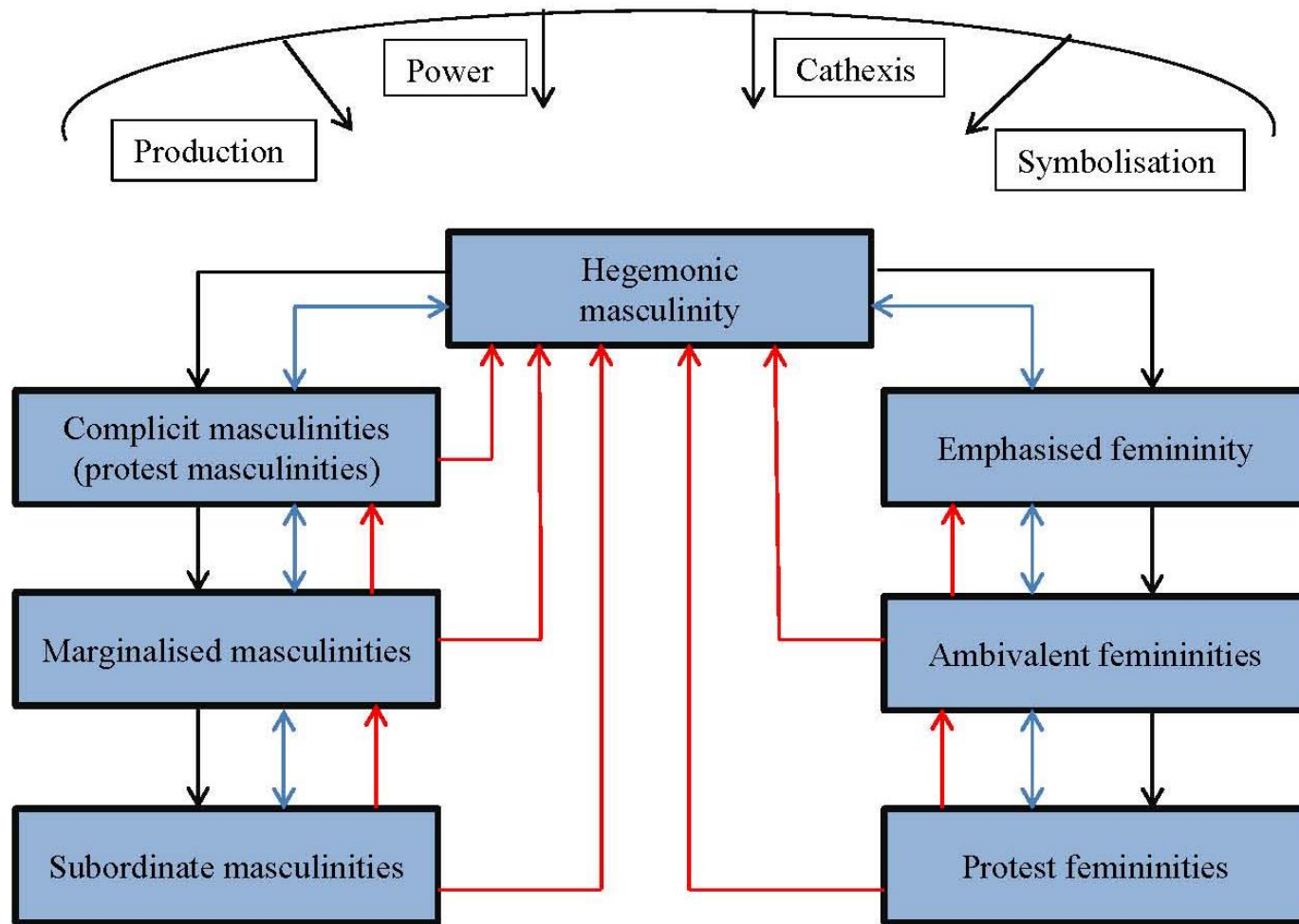


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Men's Depression and Gender Relations



Trading some places (n=15): marginalized masculinity and ambivalent femininity – readjusting gender roles and relations



Business as usual (n=7): complicit masculinity and women's emphasized productions of femininity



Edgy tensions (n=4): mismatch of gender expectations – protest masculinities and protest femininities



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Three key points

- The co-construction of masculinities and femininities in and around men's depression
- Gender relations as key to unraveling men's depression management
- The need to advance Howson's (2006) masculinities schema



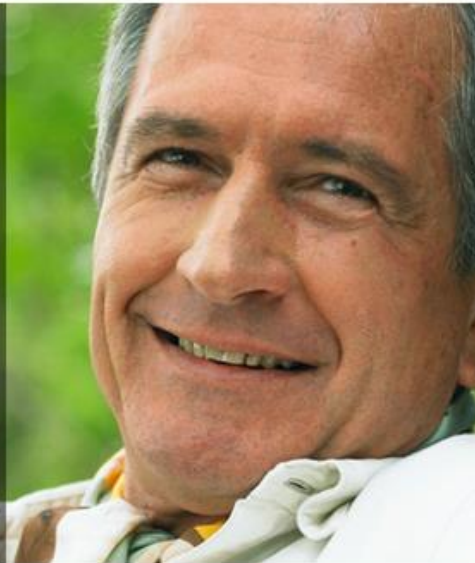
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STUDY FINDINGS

BROWSE KEY FINDINGS FROM OUR STUDY



STUDY FINDINGS

Key findings from our study

VIDEOS

Expert perspectives

PODCASTS

The authors talk

SEND AN E-VITE

Support someone with a personalized card

FORUM

Interact with a growing community

PROSTATE CANCER SUPPORT GROUPS



Many men and their families benefit by attending prostate cancer support groups (PCSGs). This site is designed for you to help yourself to the findings from a study of PCSGs in British Columbia, Canada and share your perspectives on our forum. You can also hear from experts in prostate cancer, listen to the study

RESOURCES BY AUDIENCE



POTENTIAL GROUP ATTENDEES



SUPPORT GROUP ATTENDEES

Three key points

- Sex renders prostate cancer synonymous with men's health but...
- Recipes for effective men's health promotion are 'freely' available from community based sources
- Men talk about health and illness with the permission of others – and often prompting those conversations is a willingness to guide other men



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Lesson 10...

Cul-de-Sacs in Men's Health



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Questions...



www.menshealthresearch.ubc.ca

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